

# Ingleborough Walks

## A free booklet of 10 walks



This series of walks has been produced by Dales & Bowland Community Interest Company a subsidiary of the Friends of the Dales, in partnership with Friends of DalesBus and Friends of the Settle Carlisle Line, to encourage environmentally sustainable access to Ingleborough.



### Ingleborough Walks

Ingleborough is one of England’s most famous mountains. At 724 metres above sea level, it is the second highest of Yorkshire’s famous Three Peaks, but perhaps the most distinctive, a landmark visible from four counties. With some of the finest areas of limestone pavement in Britain, Ingleborough is rich in geological, archaeological and natural history interest. As well as being within the Yorkshire Dales National Park, much of the area forms the Ingleborough National Nature Reserve. But this is also a very accessible mountain, crossed by numerous public rights of way and large areas of open countryside which now enjoy public access rights on foot.

The best way to experience and enjoy this unique area is on foot, taking advantage of available good public transport to cross the summit or shoulders of the mountain without being forced to return to a parked vehicle. This series of ten Ingleborough Walks leaflets is designed to show how local buses and trains make such magnificent linear walks possible. See the inside back cover of this booklet for a summary of the local bus and train services to help you explore the area.

It is essential to use **OS Map OL 2 Yorkshire Dales Southern & Western area** and **OL 41 Forest of Bowland & Ribblesdale** to work out exact routes, using public rights of way and public access areas. These walks use moorland and mountain paths which should only be attempted with appropriate clothing and footwear and not in poor weather conditions. If you bring a dog, please keep it under control, preferably on a lead, in areas where there is livestock. Carry spare clothing, waterproofs, food and drink, and leave adequate time for your return transport which also gives time for well-earned refreshment. Walking times are for guidance only in good weather conditions.

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Ingleborough Walks forms part of the Ingleborough Dales Landscape Partnership’s **Stories in Stone** project, funded by the Heritage Lottery Fund and managed by Yorkshire Dales Millennium Trust. For further details of the project and work of the Trust visit [storiesinstone.org.uk](http://storiesinstone.org.uk) and [ydmt.org](http://ydmt.org).

### Transport information

#### Train Services

Regular train services operate every day on the Leeds - Skipton - Settle - Carlisle line (calling at Horton-in-Ribblesdale and Ribblesdale) and on the Leeds – Skipton - Lancaster - Morecambe “Bentham Line” (calling at Giggleswick and Clapham).

Return tickets are interavailable between Settle and Giggleswick stations (which are approx. 1 mile apart).

For train service information see [www.northernrailway.co.uk](http://www.northernrailway.co.uk) or call 03457 484950.

#### Bus Services

Craven Connection bus services 580, 581 and 582 combine to provide a through service between Skipton, Settle, Giggleswick, Clapham, Ingleton, Kirkby Lonsdale and Lancaster. There is no service on Winter Sundays.

Minibus 11 provides a limited service between Tosside, Giggleswick, Settle and Horton in Ribblesdale on Monday to Saturday.

Other services operate as part of the DalesBus network on Summer Sundays and Bank Holidays.

For details of all local bus services see [www.dalesbus.org](http://www.dalesbus.org) or call Traveline on 0871 200 22 33 (calls cost 12p per minute, plus your phone company’s access charge).

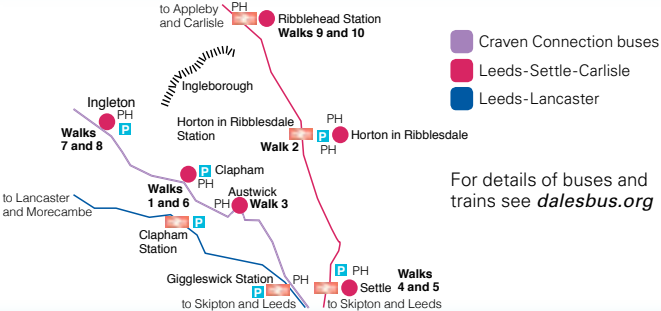
The main car parks are shown on the maps for each walk. Car drivers can use these, or the car parks elsewhere along the bus and train routes for example at Skipton or Settle, to park and catch the bus or train to the start of the walk. This helps to safeguard the environment by reducing your carbon footprint in the National Park.






This booklet can be downloaded as a PDF file from [www.dalesbus.org](http://www.dalesbus.org) and [www.settle-carlisle.co.uk](http://www.settle-carlisle.co.uk)



# Ingleborough Walks

-  **Walk 1** Start Clapham village centre. Finish Settle Market Place or Giggleswick Station.
-  **Walk 2** Start Horton in Ribblesdale Station. Finish Clapham village or Station.
-  **Walk 3** Start Austwick village. Finish Horton in Ribblesdale.
-  **Walk 4** Start Settle Market Place. Finish Clapham village or Clapham Station.
-  **Walk 5** Start Settle Station or Market Place. Finish Horton in Ribblesdale.



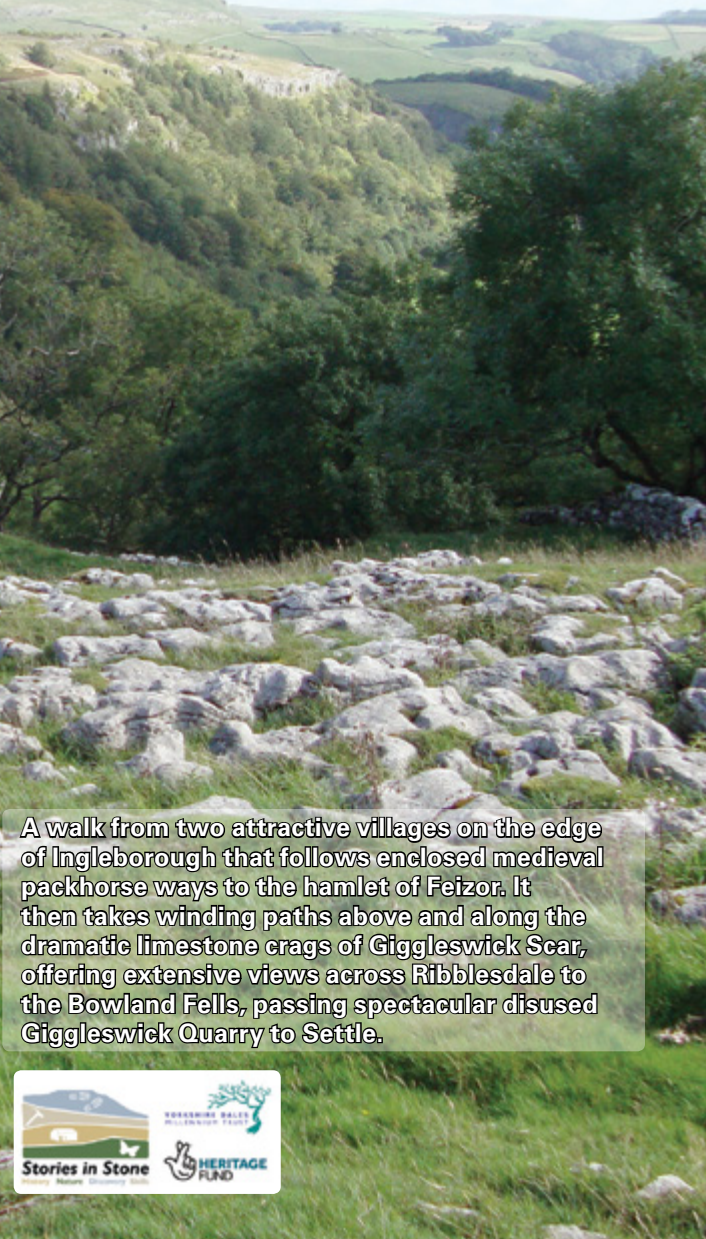
-  **Walk 6** Start Clapham village or station. Finish Ingleton.
-  **Walk 7** Start Ingleton village centre. Finish Horton in Ribblesdale.
-  **Walk 8** Start Ingleton village. Finish Ribblesdale.
-  **Walk 9** Start Ribblesdale Station. Finish Horton-in-Ribblesdale Station.
-  **Walk 10** Start Ribblesdale Station. Finish Clapham village or Clapham Station.

This series of ten Ingleborough Walks leaflets is designed to show how local buses and trains make such magnificent linear walks possible. If you would like to make a contribution to the cost of these leaflets to support the work of the Yorkshire Dales Millennium Trust please visit [ydmt.org](http://ydmt.org)



# Ingleborough Walks

## Walk 1 Along Giggleswick Scar



A walk from two attractive villages on the edge of Ingleborough that follows enclosed medieval packhorse ways to the hamlet of Feizor. It then takes winding paths above and along the dramatic limestone crags of Giggleswick Scar, offering extensive views across Ribblesdale to the Bowland Fells, passing spectacular disused Giggleswick Quarry to Settle.



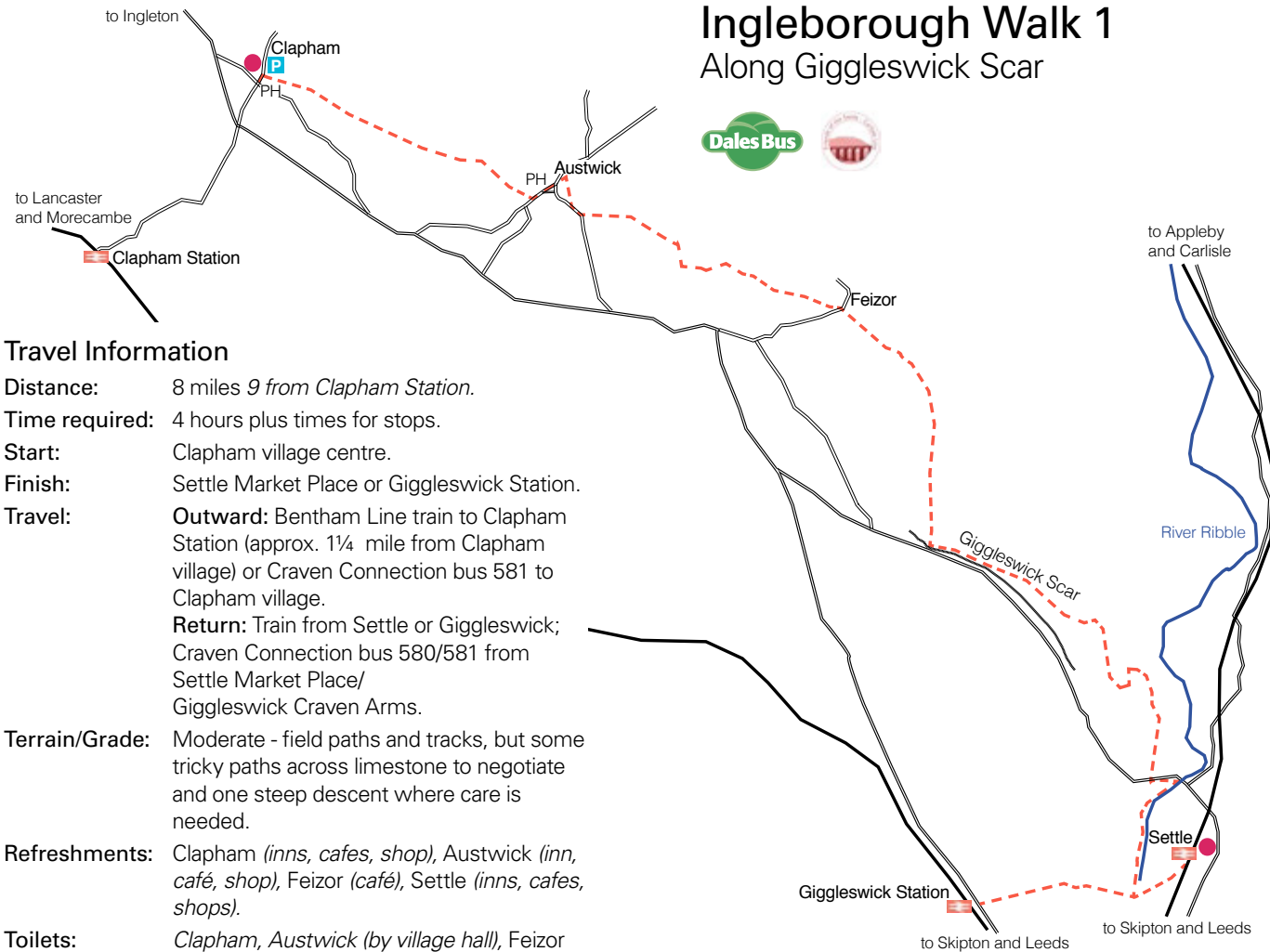
### The Walk

From the stone bridge in Clapham village centre, walk on the right hand side of the stream northwards towards the National Park Car Park and toilets. Turn right and immediately in front of the toilet block join a narrow, enclosed path marked by gates alongside farm. Keep the same direction through parkland, the way marked by pedestrian gates and stiles, climbing slightly, before curving left up the hillside, then descending, past a bench, to stile in the wall corner. Turn left into Austwick village centre.

Continue along the Helwith Bridge road due east,

but just past the village shop and hall (toilet) take the narrow lane that forks right. After 50 metres take narrow enclosed path right by wooden footpath sign, leading between gardens to a stile and paved way across a field to the main road north of Austwick Bridge. Cross the bridge and turn left into Wood Lane. Follow this lane for 300 metres to where the lane bends north. Take the stile by the gate in the corner, follow the path across the field, bearing slightly right but below the low green hillock to the right. Keep ahead below the hillock to a stile into Hale Lane, to the south of Wood House farm. Turn right into this narrow, winding bridlepath, now carrying the Pennine

## Ingleborough Walk 1 Along Giggleswick Scar



### Travel Information

- Distance:** 8 miles *9 from Clapham Station.*
- Time required:** 4 hours plus times for stops.
- Start:** Clapham village centre.
- Finish:** Settle Market Place or Giggleswick Station.
- Travel:** **Outward:** Bentham Line train to Clapham Station (approx. 1¼ mile from Clapham village) or Craven Connection bus 581 to Clapham village.  
**Return:** Train from Settle or Giggleswick; Craven Connection bus 580/581 from Settle Market Place/ Giggleswick Craven Arms.
- Terrain/Grade:** Moderate - field paths and tracks, but some tricky paths across limestone to negotiate and one steep descent where care is needed.
- Refreshments:** Clapham (*inns, cafes, shop*), Austwick (*inn, café, shop*), Feizor (*café*), Settle (*inns, cafes, shops*).
- Toilets:** *Clapham, Austwick (by village hall), Feizor (café customers only), Settle.*

Bridleway. Continue along Hale Lane past Meldings Barn. Bear left at junction of ways to the hamlet of Feizor (refreshments).

From Feizor turn right along the track north of Old Hall Farm, through a field gate, signed Stackhouse. This climbs steeply with a field wall to your left. Keep the same direction uphill for 600 metres up to a wooden footpath sign on the brow of the hill.

Bear right here, signed Buckhaw Brow. The path goes through a gate past a sheepfold then heads due south across fields, climbing slightly through more gates. After half a mile you reach the edge of Buckhaw Brow with the old road in the gorge below. Do not descend but turn left over a stile to a footpath, heading south-east.

Cross and descend limestone pavement with care - easy to twist ankles here. The path is well defined across a shallow valley and up to a stile. Follow the narrow shelf between the limestone cliff face and scar. Keep directly ahead above woodland, ascending towards a large cairn ahead, the ruined School Boys' Tower. As you approach the tower take a narrow path to the right leading to this cairn and viewpoint.

Return to the main track, turn right, heading across tricky limestone pavement to where the path now follows the fence along the edge of the old Giggleswick Quarry. Note the remarkable exposed Carboniferous limestone strata visible from the path.

Continue to where the path leaves the quarry edge and drops steeply over loose stones east (great care needed here). Head for track into the woodland below. Go through the gate and follow this track through the woods which curves right and enters The Mains a suburban road. Follow this down to the main road, turning left to pass Settle College, but turn right at Settle Bridge to follow the path along the riverside.

Continue to the footbridge. For Giggleswick Station turn right through the alleyway to the lane, turning left. Keep straight ahead at the crossroads along Brackenber Lane to the A65 (cross with care). For Settle Station and buses turn left across the bridge, keeping ahead past King's Mill Lane to emerge behind Booth's Supermarket. Keep directly ahead, before bearing left under the railway bridge and along Kirkgate to Settle Market Place, but for Settle Station turn right through the car park soon after the railway bridge.



# Ingleborough Walks

## Walk 2 Over Moughton Scar



A walk around the south west slopes of Ingleborough, crossing the spectacular limestone pavements of Moughton Scar *famous for rare wild juniper* before descending into Crummackdale before taking the old pre-turnpike highway, now part of the Pennine Bridleway, into Clapham village.



### The Walk

Leave the northbound platform of Horton Station up a short flight of steps opposite the foot crossing to a gate. Continue uphill through another gate then diagonally right between the telegraph poles to cross a farm track to a bridlegate. Continue forward on a clear path which dips then climbs steadily to another gate giving access to the Ingleborough National Nature Reserve by an information board. Fine views from here back to

### Pen y Ghent.

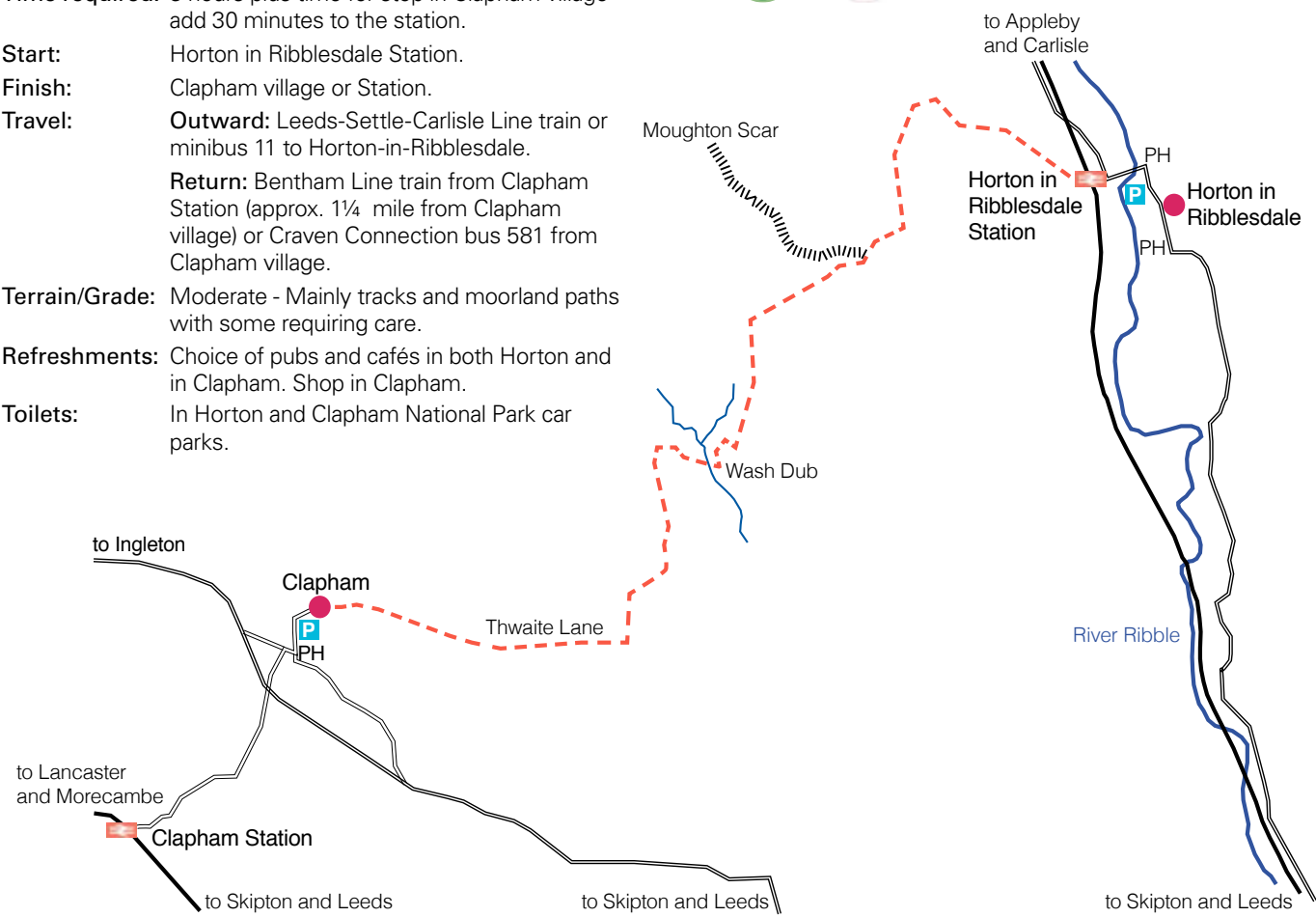
Continue uphill bearing slightly right on a wide stony path to a small cairn then bear left following waymarks uphill through fragmented limestone pavement. After passing through a wide gap in the wall you will arrive at a cairn and a 3-way signpost. Turn left following the sign to Austwick on a grassy path aiming for a gate and sign in the corner of the wall ahead, enjoying fine views of Ingleborough to your right.

## Ingleborough Walk 2 Over Moughton Scar



### Travel Information

- Distance:** 6 miles.
- Time required:** 3 hours plus time for stop in Clapham village - add 30 minutes to the station.
- Start:** Horton in Ribblesdale Station.
- Finish:** Clapham village or Station.
- Travel:** **Outward:** Leeds-Settle-Carlisle Line train or minibus 11 to Horton-in-Ribblesdale.  
**Return:** Bentham Line train from Clapham Station (approx. 1¼ mile from Clapham village) or Craven Connection bus 581 from Clapham village.
- Terrain/Grade:** Moderate - Mainly tracks and moorland paths with some requiring care.
- Refreshments:** Choice of pubs and cafés in both Horton and in Clapham. Shop in Clapham.
- Toilets:** In Horton and Clapham National Park car parks.



The path now crosses a stretch of heather moorland, following the wall on your right until reaching a ladder stile in it. Cross this and follow the sign to Austwick 2¾m straight ahead past the old grouse butts then veering left to the top edge of Moughton Scar. Take the broad track descending (starting about 100 metres before a small cairn) to a gate and walled track. Moughton Scar is a fine escarpment with limestone pavement dotted with juniper bushes.

You now follow this walled track for about a mile crossing two small streams and going through two large gates ignoring all paths off it until you reach a T junction with another path. Turn right here to the stone clapper bridge at Wash Dub.

Wash Dub pool is where sheep were traditionally washed in the fast flowing beck. Cross the bridge and continue along the track turning left at the next junction along Crummack Lane which becomes a narrow metalled lane. Descend to a cross roads.

Turn right into Thwaite Lane. This is part of the old pre-turnpike highway between Leeds and Kendal, now part of the 205 mile Pennine Bridleway, a route for horseriders, cyclists and walkers between the Peak District and Northumberland. There are fine views across towards Bowland, left and to Robin Proctor's Scar straight ahead.

Follow Thwaite Lane for over a mile, initially a well surfaced track that becomes rougher as it descends by the grounds of Ingleborough Hall (ignore all turn offs) passing through two short tunnels to emerge in Clapham by St James Church. Ingleborough Hall was the home of Reginald Farrer the notable botanist who introduced many alpine species from the far east. St James Church dates from Norman times, but was restored in the 19th century. Turn left at Clapham's Millennium Stone along Church Avenue past playground, cafes and toilets (in the car park) to the New Inn from where Bus 581 departs.

If you are going to Clapham station (allow half an hour for the 1¼ miles), with the New Inn on your left continue straight on down the No Through Road known as The Green past the school and houses. Turn right over Mafeking Bridge to cross the beck. An underpass by the beck takes you safely under the A65 to follow the lane to the station.



# Ingleborough Walks

## Walk 3 Crummackdale Austwick to Horton in Ribblesdale



Crummackdale is one of the lesser known dales within the Ingleborough massif. The six mile walk to the head of the dale takes in some of the most dramatic limestone scenery of the Western Dales, climbing through a short but spectacular mountain pass, before descending into Ribblesdale along historic Sulber Nick

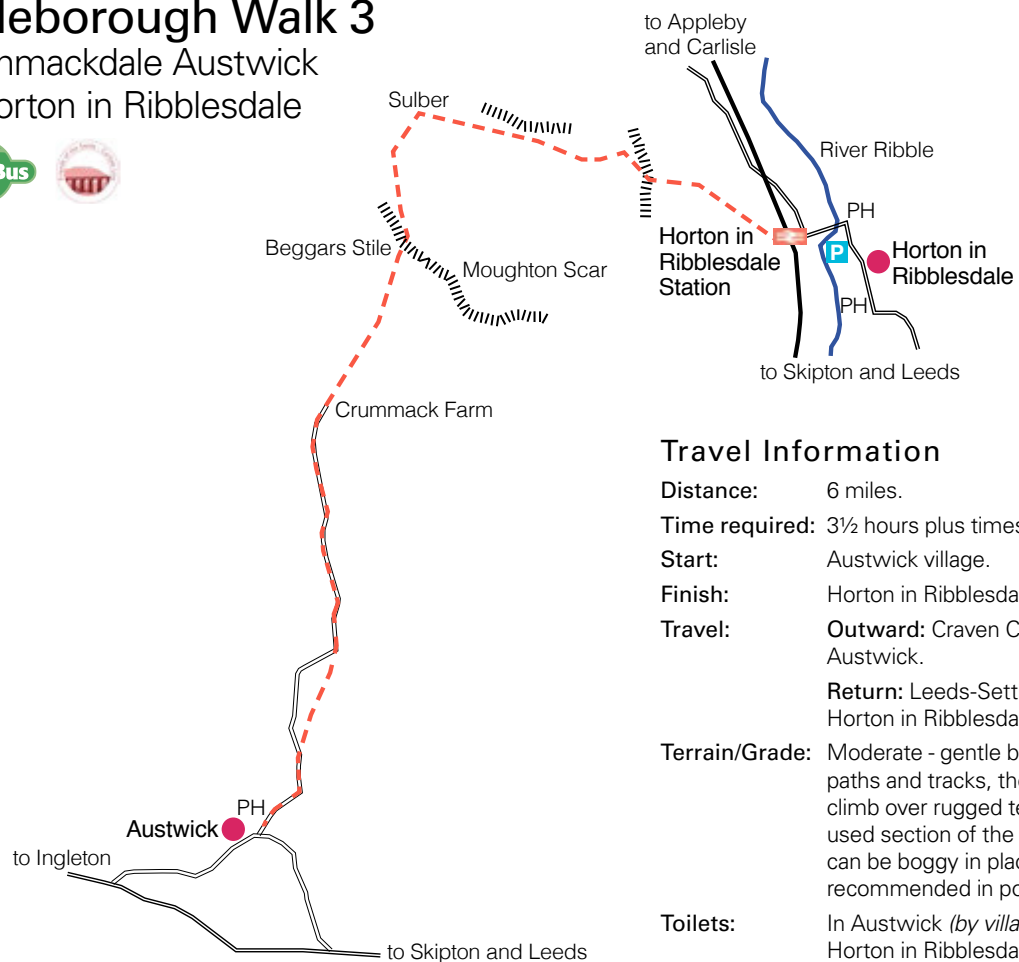


### The Walk

From Austwick’s old market cross, walk north eastwards towards Helwith Bridge along Wharfe Road, past the village hall (toilets and information board), the Game Cock Inn and village primary school, before turning left into Townhead Lane. Continue for 200 metre until about 20 metres past a wide drive on the left and the gate of Victoria Lodge on the right. Where the lane bends to the left, look for a narrow-paved path over a lawn and wooden footpath sign straight ahead but positioned slightly to your right leading to a narrow paved way across a lawn between gardens and bungalows. This soon reaches a stone stile by pines, leading into a wall side path through a shallow hollow in the field. Keep the

same direction, to twin stiles across a farm access road. The path now dips into a hollow with a stream, crossed by a narrow plank bridge. Head up a steep slope to the wall corner ahead and a ladder stile. This takes you into Crummack Lane. Turn right, climbing steadily upwards. Soon the lane becomes unsurfaced and you follow the path about a mile passing the track from Wharfe, to reach Crummack Farm. Leave the farm road to keep directly ahead through two gates (signposted bridleway) taking care to close the first gate. Where the bridleway turns left uphill, keep straight ahead on the path through the field gate (waymarked). This leads to a narrow but distinct grassy path, heading north-north-eastwards away from the wall. Soon you look down on the spring in the field below, which is

### Ingleborough Walk 3 Crummackdale Austwick to Horton in Ribblesdale



### Travel Information

- Distance: 6 miles.
- Time required: 3½ hours plus times for stops.
- Start: Austwick village.
- Finish: Horton in Ribblesdale.
- Travel: **Outward:** Craven Connection bus 581 to Austwick.  
**Return:** Leeds-Settle-Carlisle Line train from Horton in Ribblesdale.
- Terrain/Grade: Moderate - gentle but extended climb along paths and tracks, then a short and steep climb over rugged terrain. Descent along well used section of the Three Peaks Walk which can be boggy in places. This route is not recommended in poor weather conditions.
- Toilets: In Austwick (*by village hall*).  
Horton in Ribblesdale by car park.

the source of Austwick Beck. As you ascend you enter a beautiful bleak bowl of the hills, a natural hollow or corrie probably due to glaciation, in a landscape which looks increasingly wild. Keep the same direction following yellow waymarks as the path, now relatively level, heads between outcrops of limestone pavement. Look ahead but slightly right, at what seems a craggy wall of rock with a ladder stile in a shallow ravine between the rock This is Beggars Stile, the origin of its name unknown. Once across the stile you enter a magnificent, almost lunar landscape, of craggy weather worn limestone pavement. The path bears left to and twisting through limestone pavement - look for the occasional cairn, soon heading above the valley you crossed previously, with a high wall of crags surrounding you ahead. Spectacular views down Crummackdale from here. You are now crossing Thieves Moss, an area of strange, raised acid peat over the alkaline limestone. After another 200 metres the path again rises very sharply towards a narrow gate - Sulber Gate - on the skyline. Head for this. Turn sharp right at the top through another bridle gate. You now enter Ingleborough National Nature Reserve and join the Pennine Bridleway, ascending from Clapham. Follow this track, level until you reach the tall signpost indicating a meeting of ways on Sulber. Turn right here, downhill, signposted for Horton 2 miles. You now follow Sulber Nick, an ancient way reputed to date back to Iron Age times when the summit of Ingleborough was a sacred fort or shrine. This is also now the busy and well used Three Peaks Walk, so for the first half mile or so not easy walking over usually muddy sections through a shallow valley, that forms Sulber Nick - “nick” is a word often used in northern England for moorland passes. As the path descends, magnificent views open out into Ribblesdale and across to Pen y Ghent. Beyond a stile, the path meets the footpath from Moughton Scar, before curving sharply downhill, offering a steep but better drained surface, the massive outline of Horton Quarry with its strangely turquoise waste pool a dominant feature to your right. Easy walking now with a couple more stiles and a gentle hill before the pedestrian gate and the level crossing at Horton Station. For toilets or refreshment before your train, the village is another 500 metres along the lane straight ahead.



# Ingleborough Walks

## Walk 4 Ribblesdale, Wharfe and The Norber Erratics



This walk over the watershed between Settle and Clapham, via Feizor, takes in the pretty hamlet of Wharfe, Wharfe Dub pool and gives chance to visit The Norber Erratics, one of the most amazing natural features of the Yorkshire Dales.



### The Walk

From Settle Market place, head along the narrow lane at the side of The Naked Man café leading into Kirkgate. Keep straight ahead but turn sharp right into a narrow alleyway just past Proctor House. This leads behind Whitefriars, under Settle Viaduct to emerge onto the Church Lane. Turn left to reach and cross Settle Bridge, crossing the road over to take the signed and waymarked path between river and the playing field. This path twists left then right then marked by stiles across the fields to the Stackhouse road. Cross to the stiles opposite to follow the path right behind the wall over stiles. At Stackhouse the path goes behind the hamlet then bears half left up the steep slope. Keep ahead until a ladder stile in the wall above comes into view. Straight ahead to the next stile, beyond which, the path bears slightly left, a

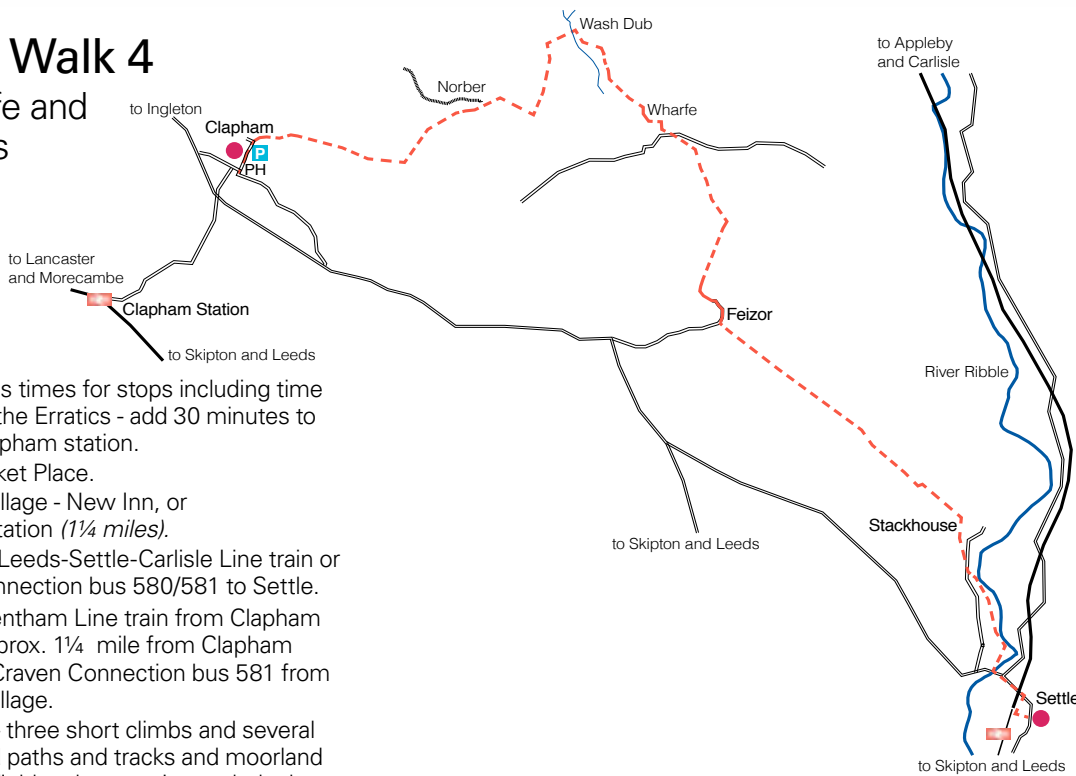
grassy track along the top side of a wall, through a gate past remains of an old cairn. Follow the wall through a field before crossing through a gate on the right to the other side of the wall. A grassy path, marked by gates, now leads across the fields of Feizor Thwaite down to the little hamlet of Feizor with its popular walkers’ café. From Feizor, turn right along the narrow lane as it climbs though a shallow ravine, past limestone crags and caves. Some 250 metres past the summit a stile on the left, signed Wharfe, leads down to Wharfe Gill. Go through gateways by the corner of Wharfe Wood below, along wall and wood down the hillside, over more ladder stiles. Cross a track and over a stone step stile by a little ford. Keep ahead over two small footbridges before descending to the lane at another stile. Turn left along the lane towards Wharfe. At the first

### Ingleborough Walk 4 Ribblesdale, Wharfe and The Norber Erratics



#### Travel Information

- Distance:** 7 miles.
- Time required:** 4 hours plus times for stops including time to explore the Erratics - add 30 minutes to walk to Clapham station.
- Start:** Settle Market Place.
- Finish:** Clapham village - New Inn, or Clapham station (*1¼ miles*).
- Travel:** **Outward:** Leeds-Settle-Carlisle Line train or Craven Connection bus 580/581 to Settle. **Return:** Bentham Line train from Clapham Station (approx. 1¼ mile from Clapham village) or Craven Connection bus 581 from Clapham village.
- Terrain/Grade:** Moderate - three short climbs and several stiles. Field paths and tracks and moorland paths and field paths, care is needed when exploring the Norber Erratics because of rough terrain.
- Refreshments:** Choice of pubs, shops and cafés in both Settle and in Clapham. Shop in Clapham. Café in Feizor.
- Toilets:** In Whitefriars Settle, and National Park car park in Clapham. Feizor for café customers.



junction take the track right towards a cottage, going left then first right up a narrow, grassy enclosed way between stone walls that climbs behind the hamlet. This becomes a narrow track between stone walls turning northwards into Crummackdale. Keep ahead to the crest of the hill, before this ancient packhorse way descends into the shallow valley formed by Austwick Beck. At a junction of paths take the broader path left which drops down to pass a grassy area by the beck, with stone clapper bridges and shallow waterfalls. This is Wash Dub where the beck forms a natural pool once used for sheep dipping. Cross the first bridge and walk up the grassy hillside to a pedestrian gate. The path, faint on the ground, climbs past unusual slab-like stone outcrops, before turning due south. Head for the summit of the low hill ahead where a pole indicates a step stile. The path now descends in the same direction, marked by a ladder stiles, crossing a track, then down to a ladder stile, right, at the corner of Crummack Lane. Cross the lane to the steep stile opposite, signed Norber. This climbs by a wall along the narrow ledge of Nappa Scar, before reaching a broken wall and stile right. This leads to an area of open ground dominated by the huge weather-carved boulders of Norber Erratics. Glaciers scooped up these massive Silurian boulders 12,000 years ago from Crummackdale and carried them to where they remain when the ice retreated, huge natural monuments, some perched precariously on limestone plinths. Continue half left over the brow and follow a winding path through the boulders past gnarled trees to a 4-way footpath sign on the horizon. Keep straight ahead (signed Clapham) with a wall on your left and prominent Proctor’s Scar on your right to a ladder stile beneath the scar. Continue to the protruding wall corner then bear diagonally left past the outline of a long vanished tarn, keeping to the right of the limestone outcrop aiming for the ladder stile left of a gate. Turn right along Thwaite Lane for a mile, passing through two short tunnels to emerge in Clapham by St. James Church. Turn left for the village centre, cafés, toilets (in the car park) and bus stop by the New Inn. If you are going to Clapham station (allow half an hour for the 1¼ miles), with the New Inn on your left continue straight on down the No Through Road known as The Green past the school and houses. Turn right over Mafeking Bridge to cross the beck. An underpass by the beck takes you safely under the A65 to follow the lane to the station.



# Ingleborough Walks

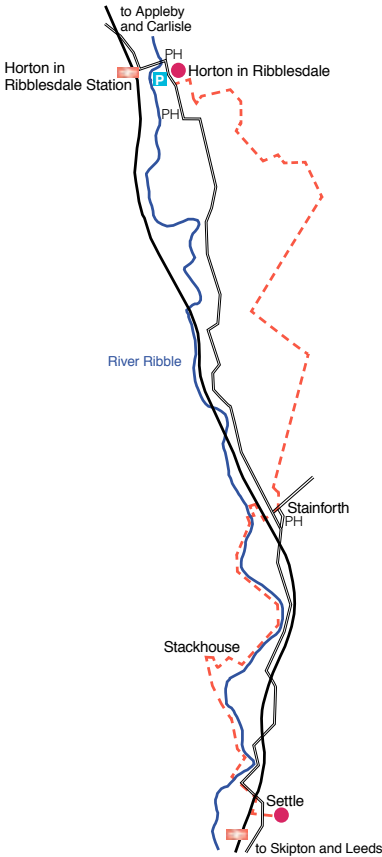
## Walk 5 Along the Ribble Way between Settle and Horton in Ribblesdale



This walk follows the Ribble Way long distance path between Settle and Horton, with Stainforth and its beautiful 17th century packhorse bridge a highlight of the walk, There are also outstanding views of both Ingleborough and Pen y Ghent from Long Lane, before the descent into the village of Horton



**The Walk**  
From Settle Market Place, (five minutes’ walk from the station) head along the narrow lane at the side of The Naked Man café leading into Kirkgate. Keep straight ahead but turn sharp right into a narrow alleyway just beyond Proctor House This leads behind Whitefriars (toilets), under Settle Viaduct to emerge onto Church Lane. Turn left to reach and cross Settle Bridge, crossing over the road over to take the signed and waymarked path between River Ribble and the playing field. This path twists left then right then across stiles and fields to the Stackhouse road. Cross to the stile opposite to follow the path right behind the wall over more stiles. At Stackhouse re-join the lane, but continue straight ahead into and through the hamlet, turning right to follow the track back to the road. Cross, but turn right down the next track towards the footbridge and weir at Langcliffe - note the salmon leap built into the weir.  
Do not cross the bridge but go through the gate which leads to the footpath along the west bank of the Ribble.



This goes through more stiles along the edge of a narrow pasture upstream opposite Langcliffe Mill. Continue along the riverside to where the path squeezes between river and embankment, ascending to cross a narrow stile before emerging below a caravan park. Keep ahead to eventually reach the narrow gorge and falls of Stainforth Force.  
Ahead is Stainforth Packhorse Bridge. Cross the bridge climbing the hill until just before the railway, turn right through a field gate. Enter a walled track which heads back above the river, soon turning left to cross the railway. Before reaching the main road take the gate on the right which leads into a picnic site, in the far corner of which a tunnel under the busy B6479 road leads to Stainforth car park and public toilets. Continue into the village, the Craven Heifer Inn on your right  
Unless you are going to the inn, turn left at the cross roads. Where this lane turns right, keep ahead along a track, following the Ribble Way and Pennine Journey signs. After 100 metres, turn right along the Ribble Way

## Ingleborough Walk 5 Along the Ribble Way between Settle and Horton in Ribblesdale



<b>Travel Information</b>	
Distance:	8 miles.
Time required:	4½ hours plus times for stops.
Start:	Settle Station or Market Place.
Finish:	Horton in Ribblesdale - Pen y Ghent café or Station.
Travel:	<b>Outward:</b> Leeds-Settle-Carlisle Line train or Craven Connection bus 580/581 to Settle. <b>Return:</b> Leeds-Settle-Carlisle Line train from Horton in Ribblesdale.
Terrain/Grade:	Moderate to strenuous - two steady climbs and several stiles. Field and riverside paths and moorland tracks.
Refreshments:	Choice of pubs, shops and cafés in Settle. Craven Heifer pub in Stainforth and two pubs The Crown and Golden Lion in Horton, plus the popular Pen y Ghent Café.
Toilets:	In Whitefriars Settle, and National Park car parks in Stainforth and Horton.

over stiles, ascending steeply out of Stainforth above the shallow ravine of How Beck, behind Bargh Hill. After about a mile you eventually reach Moor Head Lane, a walled track. Turn left here to descend to the junction with Long Lane. Turn right here. Long Lane, another typical Pennine walled track ascends in a straight line, due north-eastwards along the shoulder of Pen y Ghent, a long slow slog, compensated at every step - in good weather - by spectacular views. Geologists will note here the contrast between the classic Great Scar Limestone directly opposite, gouged out in huge terraces by the huge quarrying operations at Horton Quarry, with the darker, much more ancient outcrops and quarry faces further south where far more ancient Silurian slates are extracted for use as tough stone for surfacing roads all over the north of England.  
Even more impressive are the views across to the ever emerging panorama of Ingleborough, Simon and Park Fells as you ascend, with the tips of Whernside and Blea Moor coming into view, and the great sweep of the Bowland Fells beyond the dale to the south.  
The gradient eases very slightly, as you cross through a field gate, the village of Horton in Ribblesdale and its church in the distance below you. Continue past a shallow ford to the next gate, 120 metres beyond which a wooden footpath sign indicates the start of a lovely green way. This leaves Long Lane to descend gently, along the hillside, towards Dub Cote Farm below. The track broadens and descends towards a wall. Do not go through the gate ahead, but take the ladder stile over the wall below left. This gives access to a faint grassy path, which follow the wall before bearing left and curving down the hillside to join a broader Landrover track that descends towards the farm. Cross the stile at the farm to enter the track that passes the farm and meets a tarmac lane.  
Follow this quiet, narrow lane, dominated by views of Pen y Ghent summit to your right, as it winds between pastures. At a T-junction turn right, heading now past Brackenbottom Farm, where you might be surprised to discover a falconry centre. You now join the inevitably busy Three Peaks Walk for a few hundred yards. Continue until the Primary School, just beyond which a footbridge, right, crosses the stream from Douk Ghyl Cave. Cross, turning right for a few yards to where an enclosed track bears left past a farm. This reaches Horton Scar Lane, another enclosed track this time carrying the Pennine Way. Turn left here into the village - the welcoming Crown Inn is on your right, Pen y Ghent Café and Golden Lion Inn on your left.  
Turn right for the car park, toilets. To reach the station continue past the car park, crossing the footbridge and continuing alongside the road for 400m.



# Ingleborough Walks

## Walk 6 Ingleborough Summit from Clapham to Ingleton



This walk from Clapham village via Trow Gill and Gaping Gill and over Ingleborough summit to Ingleton is one of the great classic walks of the Yorkshire Dales; a wonderful way of experiencing some of the most spectacular limestone scenery of the Ingleborough area and Ingleborough itself.



### The Walk

If coming from Clapham station (1¼ miles) follow the main line signposted to Clapham village - avoid crossing the main A65 by using the underpass. From the 581-bus stop by the old post office return to Clapham Bridge. You way follows the narrow lane to the left of the Clapham Beck, (the stone hump backed bridge leads to National Park Car Park and toilets).

Follow the lane, noting superb views of the artificial waterfalls on Clapdale Beck - source of an early hydro-electric scheme before bearing left then turning right into the entrance of Ingleborough Hall Estate in front of cottages. Go through the gates (small charge payable at the ticket machine gate - this is a private estate and admission charges pay for its upkeep). The track curves up to the left and enters the Ingleborough Estate alongside The Lake which was created by the Farrer

family as a landscape feature and source of water power. The most famous member of the family was Reginald Farrer (1880-1920) explorer and plant hunter who made a major contribution to alpine gardening. Some of the trees and shrubs around lake were originally introduced by Reginald after his Himalayan expeditions. Follow the old coach track which leads alongside the lake through narrow Clapdale to Ingleborough Cave. This is one of the most celebrated show caves in Yorkshire, originally explored by the Farrer family. For opening times ring 01524 251242 or visit [ingleboroughcave.co.uk](http://ingleboroughcave.co.uk).

Continue through the gate above the Cave into Trow Gill, a steep and narrow limestone gorge originally created by glacial meltwaters and a spectacular limestone ravine. Some scrambling over rough boulders may be required. At the top of the Gill, the gradient eases but you still walk through the shallow valley as it curves left. Continue for another half mile (1km) ignoring the first stile on the left

to where twin stiles take the main Ingleborough path over onto Hurnel Moss, a flatter, area of rough grassland, heading due north west on the well-used path, but bear right again on an obvious link path to view the mouth of Gaping Gill.

This 98 metres (322 feet) deep pothole is one of the largest and most famous in England, where Fell Beck forms the highest (albeit underground) waterfall in England. It is impossible to imagine the size and scale of the vast underground cavern from the surface which is large enough to contain the whole of York Minster. It is also a gateway to extensive cave and pothole systems. Keep well away from the dangerous edges. On Bank Holidays Bradford and Craven Pothole Clubs organise winch chair trips for visitors to experience the awesome cavern.

From Gaping Gill take the clear and well used path that heads due north westwards initially up gentle gradients then up a very steep slope as you ascend the end of the summit ridge, known as Little Ingleborough. You then head due north towards the steep hump-like summit of Ingleborough itself, curving to the east of the summit up a diagonal rocky path steep enough to test the fittest walker, before finally curving round behind Swine Tail to join the main Three Peaks route onto the amazingly level summit plateau. On a clear day, this is one the great viewpoints of England with wonderful panoramic views across Ribblesdale to Pen y Ghent and south to the Bowland Fells, across to the Lancashire coastline and northwards to Whernside and the Howgill Fells. This is also an important archaeological site, with relics of Iron Age religious settlement activity, so please cause minimal disturbance to any stone work or cairns. The wind shelter is modern.

The descent from the mountain needs care. Your route to Ingleton lies directly off the southwest corner, of the summit plateau, a broad, well walked but steep and stony track, which requires care over loose stones and boulders, until the gradient eases and is gradually better defined, generally easy walking though with some boggy areas. After around a mile your reach Crina Bottom Farm from where the track becomes a double walled lane, eventually emerging at Storrs Common and the main B 6225. Turn left here for 120 metres, then right into the one-way street which forms Ingleton's main high street with a choice of welcoming pubs, cafes and shops for the tired walker.

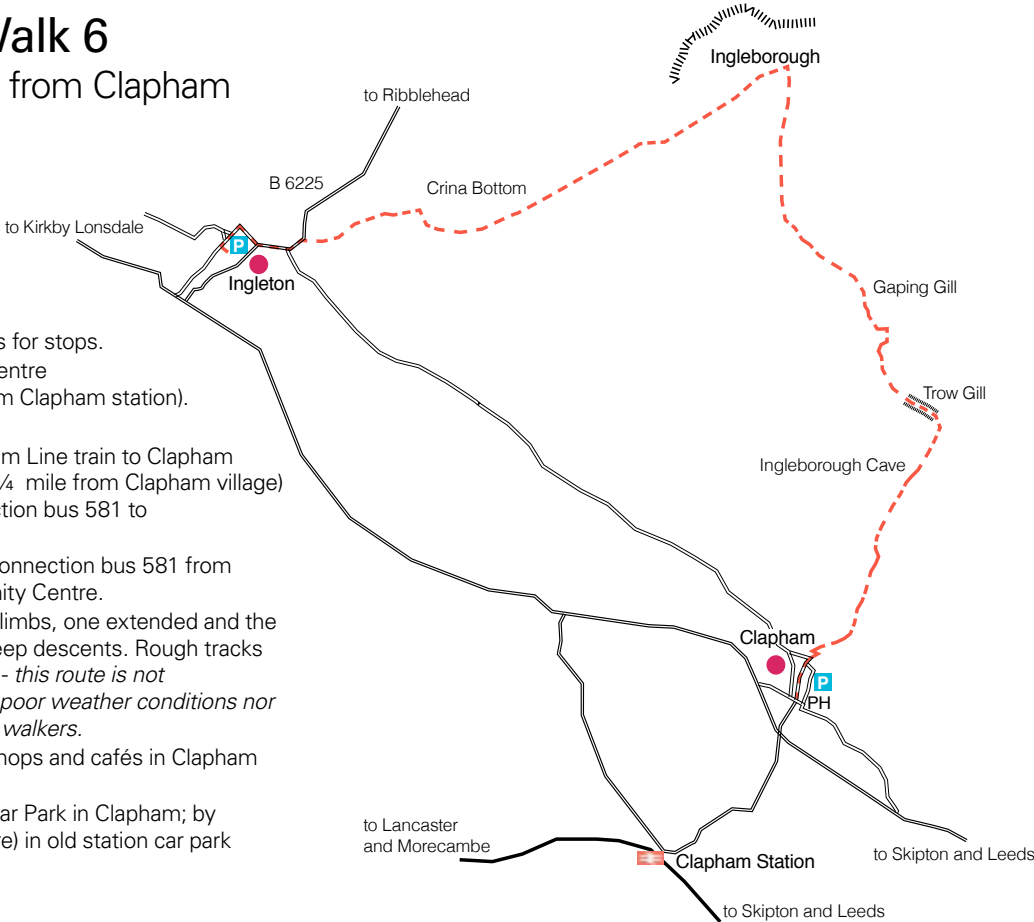
For return transport, head through the attractive village centre as the street winds towards the disused railway viaduct, before which steps, left, lead directly up to the main car park, toilets, tourist information centre and bus stop.

## Ingleborough Walk 6 Ingleborough Summit from Clapham to Ingleton



### Travel Information

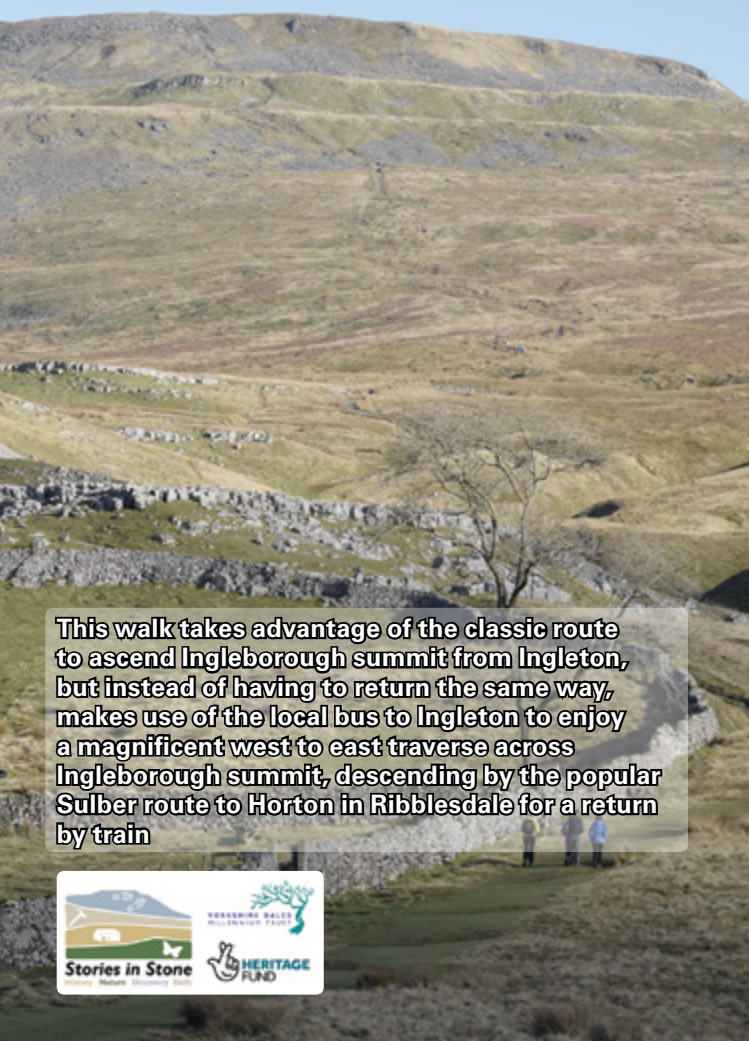
- Distance:** 8 miles.  
**Time required:** 5 hours plus times for stops.  
**Start:** Clapham village centre (add 1¼ miles from Clapham station).  
**Finish:** Ingleton.  
**Travel:** **Outward:** Bentham Line train to Clapham Station (approx. 1¼ mile from Clapham village) or Craven Connection bus 581 to Clapham village.  
**Return:** Craven Connection bus 581 from Ingleton Community Centre.  
**Terrain/Grade:** Strenuous - two climbs, one extended and the second steep. Steep descents. Rough tracks and fellside paths - *this route is not recommended in poor weather conditions nor for inexperienced walkers.*  
**Refreshments:** Choice of pubs, shops and cafés in Clapham and Ingleton.  
**Toilets:** In National Park Car Park in Clapham; by Community Centre) in old station car park in Ingleton.





# Ingleborough Walks

## Walk 7 The Ingleborough Sulber Traverse Ingleton - Horton



This walk takes advantage of the classic route to ascend Ingleborough summit from Ingleton, but instead of having to return the same way, makes use of the local bus to Ingleton to enjoy a magnificent west to east traverse across Ingleborough summit, descending by the popular Sulber route to Horton in Ribblesdale for a return by train



### The Walk

From Ingleton bus stop and Community Centre, descend the steps from the corner of the car park beyond the public toilets, alongside the viaduct and down to the main road at Bank Top, turning right to pass the junction with the lane down to the Waterfalls, but then keeping right past Market Place into Seed Hill and up to the centre of this pleasant village with its welcoming shops, cafes and the Wheatsheaf pub. You soon reach the main Hawes road. Turn left here for 420 metres, to the edge of the town, where on the right, signposted Ingleborough, an open, stony track leads along the edge of Storrs Common towards Ingleborough.

Follow this track for 300 metres to where at a field gate the track enters a walled section, Fell Lane. You now climb steadily. After about a mile and another gate, the track enters White Scars, a magnificent an

extensive area of fellside and limestone pavement which forms part of the Ingleborough National Nature Reserve, with great views along the Twistleton Scars and to Whernside across the valley. Shortly before Crina Bottom Farm the path splits away from the track, continuing alongside and up Hard Gill, past Greenwood Pot. From here more serious climbing begins. The stony path gets steeper and more challenging as you ascend towards the great summit ridge ahead. You eventually reach a steep area of boulders and rocky scree before finally arriving at the level high plateau of Ingleborough summit with summit trig point, cairns and wind breaker. It is usually busy at any time of the year.

On a clear day, this is one of the finest viewpoints in the Yorkshire Dales. There are panoramic vistas in all directions, most notably across Morecambe Bay to the west, the Lakeland mountains the north and west, the

long whaleback of Whernside to the north, Pen y Ghent to the east and the Bowland Fells to the south. There is a stone wind shelter, but many of the rocks are remains of an Iron Age site, now believed to be a religious or burial site rather than a military site. Please do not disturb this archaeology.

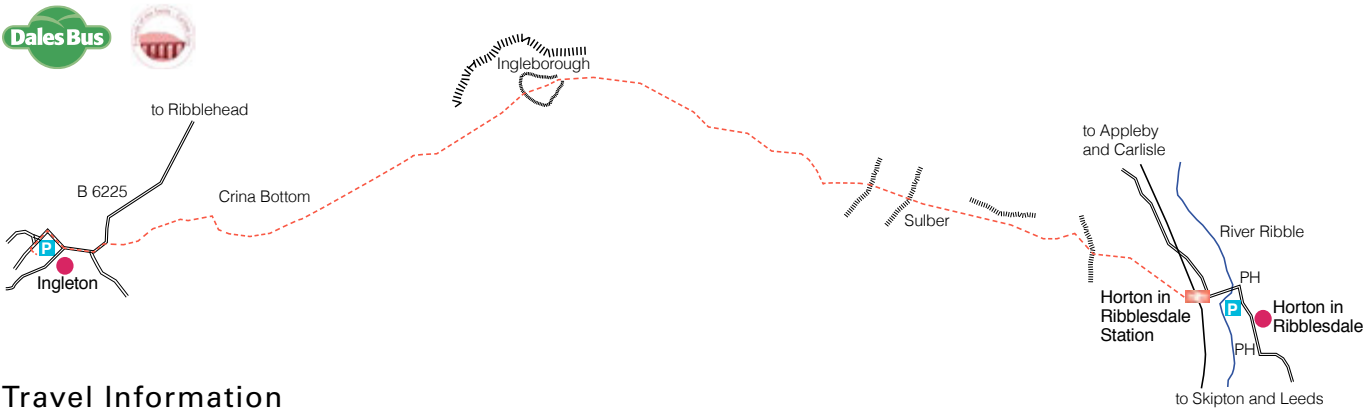
To descend, head for the northern corner of the plateau, known as Swine Tail, following a line of cairns with the path to the left alongside a short cliff face. The path then drops down man-made stone steps. Part way down this paved way, as the path bends around to the left, another path branches off to the right in front of a cairn. Take this path and drop down past a small moorland tarn. You now follow this stony path east and south-eastwards, and, avoiding the branching path right which leads south towards Gaping Gill.

Keep to this the main, usually busy, Three Peaks Walk route heading due east before curving southeast. This extends steeply and impressively along and down Simon Fell Breast, past shake holes, above a great bowl of fellside and springs known as Fell Beck Head. Cross the stile in the wall ahead and descend to a stream and small waterfall, keeping ahead to reach and follow the wall which bears right, passing a small shooting hut, and grouse butts, then over another stile. Keep left at the next junction of paths alongside the wall before working your way though some narrow limestone pavement to a cross roads and tall finger post, indicating Horton 2 miles ahead, downhill. You now follow Sulber Nick, an ancient way reputed to date back to Iron Age times. For the first half mile or so this is not easy walking along usually muddy sections of path through a shallow valley that forms Sulber Nick - “nick” is a word often used in northern England for ancient moorland passes.

As the path descends, magnificent views open out into Ribblesdale and across to Pen y Ghent. Beyond a stile, the path meets the footpath from Moughton Scar, before curving sharply downhill, offering a steep but better drained surface, the massive outline of Horton Quarry with its strangely turquoise waste pool a dominant feature to your right.

Easy walking now with a couple more stiles and a gentle hill before the pedestrian gate and the level crossing at Horton Station. For toilets or refreshment before your train, the village is another 500 metres along the lane straight ahead.

## Ingleborough Walk 7 The Ingleborough Sulber Traverse Ingleton - Horton



### Travel Information

- Distance: 8 miles.
- Time required: 4½-5 hours plus times for stops.
- Start: Ingleton village centre.
- Finish: Horton in Ribblesdale.
- Travel: **Outward:** Craven Connection bus 581 to Ingleton.  
**Return:** Leeds-Settle-Carlisle Line train from Horton in Ribblesdale.
- Terrain/Grade: Strenuous - an extended moderate climb along tracks, then short and steeper section over rugged terrain. Steep descent (care required) along a well-used section of the Three Peaks

- Route which can be boggy in places. This route is not recommended in poor weather conditions. Boots and rainwear essential.
- Refreshments:** Cafes and pubs in both Ingleton and Horton.
- Toilets:** In Ingleton - by information Centre. Horton in Ribblesdale in car park.



# Ingleborough Walks

## Walk 8 Chapel le Dale and Souther Scale Ingleton - Ribblehead



A walk on less frequented paths in the Ingleborough area, following Kirkby Gate, the old packhorse route above Twistleton Scars to the lovely little valley of Chapel le Dale, before curving around access land and the edge of Ingleborough National Nature Reserve to Ribblehead Quarry. Spectacular views and limestone features on this walk, including several large areas of limestone pavement and deep, water-carved sink holes.

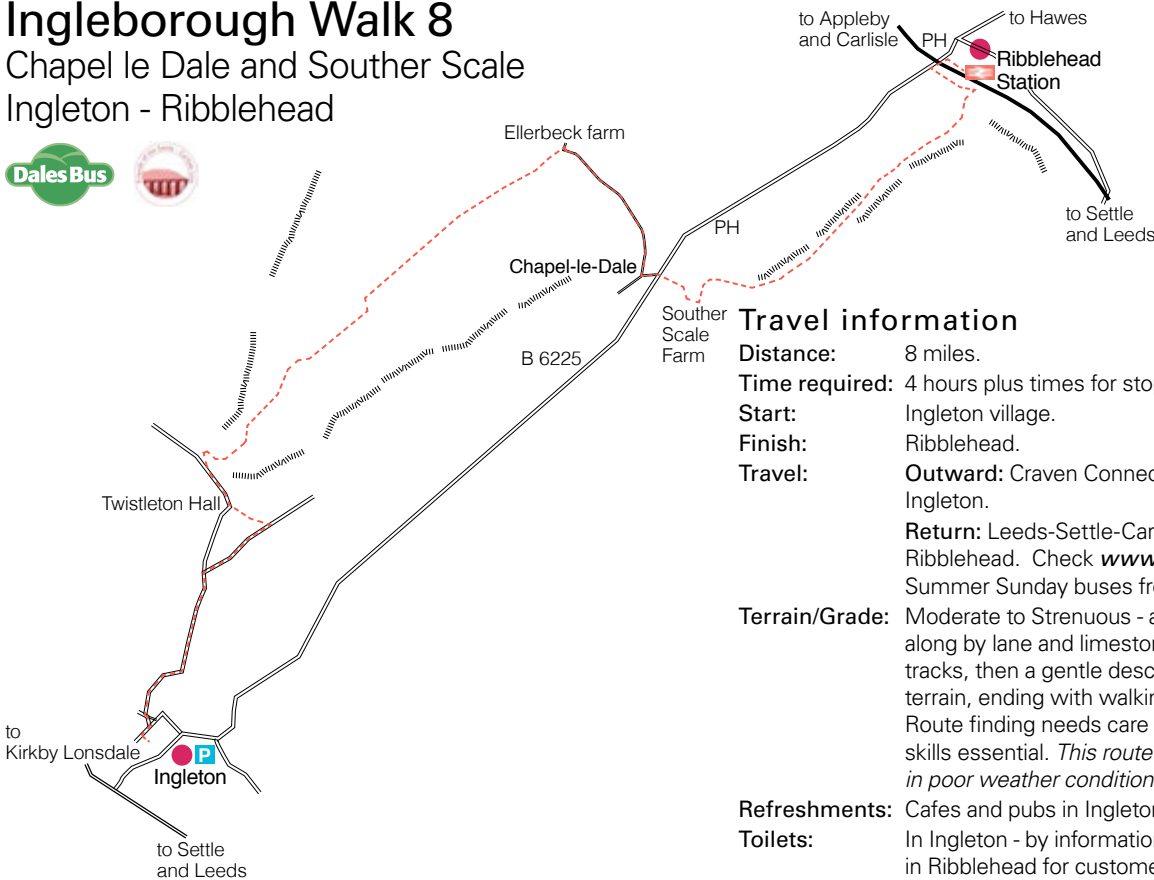


### The Walk

From Ingleton bus stop and Community Centre, descend the steps from the corner of the car park beyond the public toilets, alongside the viaduct and down to the main road at Bank Top, bearing left down on the lane signposted to the Waterfalls to cross the bridge over the River Doe. Turn first right into Oddie lane, a narrow, quiet road with little traffic. This soon climbs quite steeply winding past the old Meal Bank Quarry, now a nature reserve, on the narrow strip of land between the famous Ingleton Falls, With Ingleton Quarry soon a dominant feature to the right, but increasingly spectacular views of Ingleborough as the gradient eases. Continue for over a mile, past the turn off to Twistleton Hall, to where, an iron pedestrian gate indicates where

the Waterfalls Walk down to Beazley Farm crosses. Turn left up the narrow, usually busy path (this part of the Waterfalls Walk is a public right of way). Head up the slope towards Twistleton Hall Farm at a gate to join a track. Continue past the farm along the track as it curves up to a second gate, about 100 metres beyond which a wooden post indicates a narrow path on the right which curves steeply up the hillside. The is the start of Kirkby Gate, the ancient packhorse way between Dent village and Kirkby Lonsdale. Follow the path as it angels steeply up the hillside, soon giving wonderful views along the limestone scars of Kingsdale before it hairpins sharply back, up the hillside, then turning left through an area of limestone pavement. Follow the grassy path keeping some hundred metres from the wall on the right heading for the craggy area of

## Ingleborough Walk 8 Chapel le Dale and Souther Scale Ingleton - Ribblehead



### Travel information

**Distance:** 8 miles.  
**Time required:** 4 hours plus times for stops.  
**Start:** Ingleton village.  
**Finish:** Ribblehead.  
**Travel:** **Outward:** Craven Connection bus 581 to Ingleton.  
**Return:** Leeds-Settle-Carlisle Line train from Ribblehead. Check [www.dalesbus.org](http://www.dalesbus.org) for Summer Sunday buses from Ribblehead.  
**Terrain/Grade:** Moderate to Strenuous - an extended climb along by lane and limestone pavement. track tracks, then a gentle descent over rugged terrain, ending with walking over open moorland. Route finding needs care - good map reading skills essential. *This route is not recommended in poor weather conditions.*  
**Refreshments:** Cafes and pubs in Ingleton; pub at Ribblehead.  
**Toilets:** In Ingleton - by information Centre. At Station Inn in Ribblehead for customers only.

limestone ahead where you will see a narrow gap where the ancient path squeezes between high limestone clints, a path partly natural, partly man-made between rocks to soon reach Ewe Top. Whernside is a dominant feature ahead with magnificent views of Ingleborough to your right. The gradient eases to level walking, soon with a slight descent. The path winds slightly left to about 100-150 metres from the wall to the left - follow cycle tracks and footprints as you wind between amazing swallow holes and areas of limestone pavement. Continue over Raintree Moss, with more extensive limestone pavements to your right, swerving round the outside of more pavement below the end of the great ridge of Whernside, with fir plantations directly ahead. The path eventually cross Blake Bank Moss - with spectacular views of Ribblehead Viaduct ahead - to the ford below Ellerbeck farm, where you meet a track. Turn right here, descending to woodland, through a gate, downhill into a narrow, atmospheric, romantic valley at the bottom of which is Chapel le Dale, the tiny Dales chapel alongside the burial ground of many railway navvies who died building the Settle Carlisle line in the 1870s. Continue to the main B6255. Unless you want to call at the Hill Inn (quarter of a mile up the busy road) cross the narrow stile ahead, and the step stile in the next field, to reach the path to a gate below Souther Scale Farm. Climb past the farm to the ladder stile in the wall above. Cross, following the grassy path right signed to Douk Cave. Pass the Cave, a deep pothole (access for experienced cavers only) bearing left to a pedestrian gate and then, on the right, a second gate. Turn left to follow the wall side over access land above Souther Scale Nature Reserve (access by stile). The narrow wall side path eventually bears half right to a (locked) metal gate some 50 metres from the wall corner ahead. Cross, again keeping the same direction above Fell Close Rocks and below Keld Bank to eventually join the right of way from Sleight Pasture. Head for the pedestrian gate. Follow this narrow path, but about 100 metres beyond the gate, look out for a narrow path on the left crossing Gauber High Pasture. Head for the pedestrian gate in the wall below. The path winds between limestone pavement. Go through the gate, bearing right at the junction marked by a post with green waymark, and follow the path as it winds down to the quarry floor, turning right to the entrance of the Nature Reserve. Follow the old quarry drive to the main road and railway bridge by the viaduct. Turn right under the bridge to the Station Inn and right again into Ribblehead Station drive. Allow 10 minutes to walk from the Inn to the station platform to be sure of catching your train.



# Ingleborough Walks

## Walk 9 Colt Park Meadows



This walk from Ribblehead to Horton in Ribblesdale, provides an excellent introduction to the northeast corner of Ingleborough National Nature Reserve, crossing a nature reserve, flower rich meadows and areas of limestone pavement as well as following paths across upland pastureland on the slopes of Ingleborough.



### The Walk

From Ribblehead Station, walk down the stony drive past the Station House towards Station Inn (bus stop). Turn left under the railway bridge and left again along the track by sidings towards old Ribblehead quarry. Past the car park and turn right through the gate into the Ingleborough National Nature Reserve with Interpretive Panel and map.

Follow the short green waymark posts which indicate the Nature Trail through the old quarry, an area rich in

wild flowers in early summer, towards the small pond, where the Trail turns sharp left, marked with green posts, away from the quarry floor, above and behind the steep and dangerous old quarry face. Please keep to marked path. The path curves right to join a track, soon going through another gate. Look for the grassy path that leaves the track, forking right, still with green waymarks, towards the top pedestrian gate leading into Gauber High Pasture.

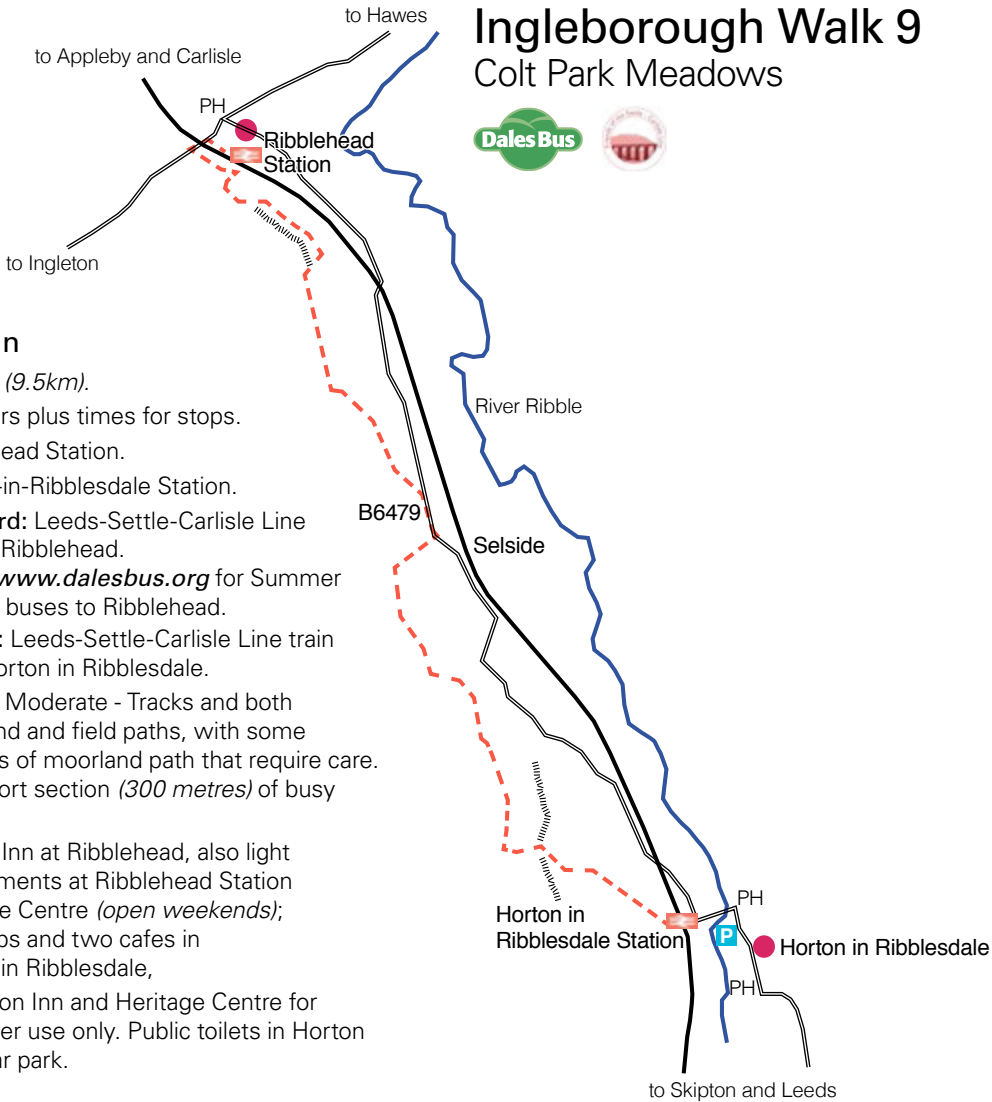
Keep ahead through limestone pavement, but after 20 metres look for a narrow path (unmarked) branching left

## Ingleborough Walk 9 Colt Park Meadows



### Travel information

- Distance:** 6 miles (9.5km).
- Time required:** 3½ hours plus times for stops.
- Start:** Ribblehead Station.
- Finish:** Horton-in-Ribblesdale Station.
- Travel:** **Outward:** Leeds-Settle-Carlisle Line train to Ribblehead. Check [www.dalesbus.org](http://www.dalesbus.org) for Summer Sunday buses to Ribblehead. **Return:** Leeds-Settle-Carlisle Line train from Horton in Ribblesdale.
- Terrain/Grade:** Easy to Moderate - Tracks and both moorland and field paths, with some sections of moorland path that require care. One short section (300 metres) of busy road.
- Refreshments:** Station Inn at Ribblehead, also light refreshments at Ribblehead Station Heritage Centre (open weekends); two pubs and two cafes in Horton in Ribblesdale,
- Toilets:** At Station Inn and Heritage Centre for customer use only. Public toilets in Horton main car park.



though the pavement heading due south towards Park Fell ahead. Follow this narrow way for 400 metres to where it bears left to join the public path from Chapel-le-Dale, leading towards a stone step stile marked by a pole and yellow waymark ahead. Take the public path east across to Colt Park House, through the gate to join the main access track, but turn sharp right through another field gate. This leads to a track in front of the house (now Natural England offices) towards twin large barns, continuing through gates above the meadows. Continue through three fields, but at Rigg Barn where the track ends take the narrow waymarked path on the left which leads through the centre of the meadow, above a linear wood. At the next pedestrian gate and NNR waymark, turn left though a (signed) field gate which leads to a slippery path (care needed) through a narrow limestone gorge. At the bottom, the path turns right, south-eastwards, heading for a pedestrian gate in the field wall below. Through here, the path goes around outside of enclosure fence, then turns left to a pedestrian gate on the right, then heads half left to a gate and signpost in the far wall corner. Turn right. Walk on right by verge to face fast oncoming traffic on the B6479.

Turn right along the stony track leading up to Alum Pot (private access to Alum Pot - £1 fee payable at farm). Otherwise keep to the public track which bends sharp left to ascend to gate and ladder stile. Where the track ends (780752), the path bears half left - head for ladder stiles in the walls, above Gill Garth and Borrins Farms.

Where the path meets a green track southwest of Borrins, turn left through the fieldgate, crossing a shallow ford. This joins the drive from Borrins Farm. Follow this, keeping right at a junction, heading up to South House Farm. Continue past the farm and outbuildings to enter a field.

Go through the gate on the left (waymarked) across a slope and tiny beck to the stile on the left. Go through here. Do not take the stile ahead but bear right following yellow waymark posts over access land, which leads above the wall on the left - a level path marked by waymark posts. This joins the main Three Peaks route north of Beecroft Hall to cross the railway at Horton in Ribblesdale Station. Keep ahead down the road to the village for cafe and pubs. Buses leave below the station drive or opposite Pen y Ghent Café.



# Ingleborough Walks

## Walk 10 Across the Ingleborough Ridge from Ribblehead to Clapham



This walk over Ingleborough summit is one of the great classic walks of the Yorkshire Dales; a wonderful way of experiencing some of the most spectacular limestone scenery of the Ingleborough area and Ingleborough itself.



### The Walk

From the railway station walk down the approach track to the Station Inn. At the road, turn left and walk under the railway bridge. Immediately after the bridge, leave the road and turn left to follow the track parallel to the railway. This soon arrives at a gateway into Ingleborough National Nature Reserve, marked by an interpretation panel explaining the significance of this remarkable place. The track continues past the board and into the old quarry, where Great Scar limestone was once worked. Disused since 1958, the remains have become a home to diverse species of plants. The route through the quarry is marked by green topped posts which lead you down to the floor of the workings before weaving around the left-hand side. At the end of the quarry, pass through a gate into the rough pasture known as Gauber. Keep ahead on the track for a further 274 metres to come to another gateway, near the corner

of the enclosure.

Passing through, keep to the grassy track which crosses rough grassland with the great wedge of Park Fell rising ahead. In another 366 metres, it meanders around to a gate in the wall to the left. Continue beyond this across the squelchy pasture along the base of Park Fell, heading for the buildings at Colt Park. When you come to the wall, don't go left to the farm buildings, instead turn right and follow the path, now on the right- hand side of the wall, heading directly up Park Fell.

Now the climb begins! A grassy path accompanies the wall for most of the way up the first ascent to Park Fell (563m). Nearing the top of the hill, it veers right to pass a little way to the northwest of the summit itself. The route now lies across open moorland with extensive views across Ribblehead to the mighty bulk of Whernside opposite. A slight descent leads to the broad saddle between Park Fell before another, shorter climb around

the side of Simon Fell. As it climbs, the path leaves the wall and later crosses a stile. It now nurses the edge of the steep escarpment, overseeing the vast limestone pavement of Southercales Nature Reserve below. Eventually arrive at a path junction where the vertiginous, stepped Three Peaks route from Chapel-le-Dale joins from the right. Go through the gate ahead and climb the paved steps to conquer the final gritstone cap of the mountain. On the way, the path from Horton trails in from the left before coming to the edge of Ingleborough's summit plateau near a large cairn. This is a remarkable place, the top of Yorkshire with views as far as Morecambe Bay and the Forest of Bowland. But it is also confusing, especially in mist, so take care with navigation at this point. You may want to visit the true summit and trig point 183 metres ahead across the plateau, but you need to return here as the route to Clapham leaves the plateau almost exactly where you gained the broad flat top.

Turn south here and soon pick up a path which goes around the perimeter of the escarpment for a short while, before a diagonal rocky descent to a moorland saddle. Keep going on a clear but soggy path for ½ mile to the end of the ridge at Little Ingleborough. Crossing some rocky hollows, the path veers left and drops steeply down rocky steps. Soon, gain a well-made path descending the moorland buttress of the mountain.

Towards the bottom of the slope, the path splits. The direct path to Clapham takes the right fork, but the short deviation to the left allows a close-up view of Gaping Gill. This great abyss is one of the largest pot holes in the UK. Regaining the main path, keep forward through an area studded with eroded limestone pavement and skewered by potholes on either side of the path. Cross the double stile in the wall beyond.

Instead of following the main route alongside the wall down the dry valley to the right, follow the path across the moor, half right. Soon this drops quite steeply into Clapham Bottoms, crossing the head of the small dale and curving up the other side to the right to arrive at a gate. At this point the bridleway from Horton joins from the left. Go through the gate and walk along the walled track, Long Lane, passing above Clapdale and the entrance to Ingleborough Cave.

After 1½ miles, at a T-junction, turn right. A walled lane descends back to Clapham, diving through a short tunnel beneath the estate. Buses between Settle, Ingleton and Kirkby Lonsdale serve the village. The railway station is a further ¼m off, reached by a quiet road from the other side of the village, crossing the busy by pass through a subway.

## Ingleborough Walk 10 Across the Ingleborough Ridge from Ribblehead to Clapham



### Travel Information

Distance: 8½ miles (plus 1¼ miles to Clapham station).

Time required: At least 5 hours, with time for stops.

Start: Ribblehead station.

Finish: Clapham village or Clapham station.

Travel: **Outward:** Leeds-Settle-Carlisle Line train to Ribblehead. Check [www.dalesbus.org](http://www.dalesbus.org) for Summer Sunday buses to Ribblehead. **Return:** Bentham Line train from Clapham Station (approx. 1¼ mile from Clapham village) or Craven Connection bus 581 from Clapham village.

Terrain/grade: Strenuous. Prolonged high level, exposed route, though no technical difficulties. Map and navigation skills essential in poor weather.

Refreshments: Station Inn, Ribblehead. Variety of cafes and pub in Clapham.

Toilets: National Park car park, Clapham.

